

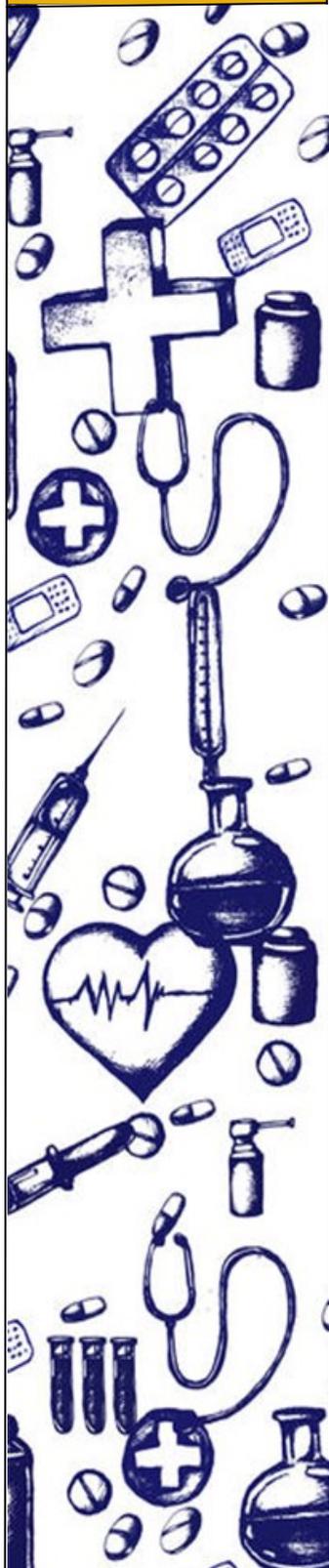
HILLVIEW
ST STEPHEN'S
MAPLE VIEW
THE DOW
ELGAR HOUSE
THE BRIDGE

September 2021

Hello and welcome to our Primary Care Network Newsletter, to bring you information and updates on the progress of your PCN. During this coronavirus period your GP surgeries are still open and working hard to support all our patients, whilst protecting our staff and vulnerable patients.

Kingfisher PCN practices share a vision to support and empower patients and carers wherever possible with an effective range of self-management options.

The PCN website is being developed as a patient facing platform with the key intention of presenting an effective range of options and solutions for patients to manage their own needs.



Our Team

Clinical Pharmacists

Nancy Bryan | Rachel Durman

Pharmacy Technician

Sally Hale

Physician Associates

Clare Potter | Henna Zulfiqar | Shariq Mazhar

Social Prescribers

Claire Lojko | Tricia Pridding | Jo Pearce

Care Coordinators

Sherree Salter | Chianne McGowran

First Contact Physiotherapists

Melanie Clarke | Jason Siluvaimani

Clinical Pharmacists

For the provision of specialist medication and lifestyle advice. Clinical Pharmacists will be able to perform medication reviews and advise of any changes needed to your prescription. They may be involved in monitoring your long-term illness. They will become key members of a multi-professional Care Home Team who will be responsible for the provision of enhanced health in Care Homes. The ambition will be to expand upon this and introduce a multi-professional service for patients within their own home.

First Contact Physiotherapists

First Contact Physiotherapists (FCP's) are highly skilled practitioners with specialist knowledge of musculoskeletal (MSK) problems. They will be able to help you with mechanical pain through timely interventions including exercise, lifestyle advice and pain management.

Pharmacy Technicians

Pharmacy Technicians undertake specific projects to promote the safety and quality of prescribing across the PCN. They will contact patients to carry out checks and offer advice and guidance on matters concerning medication. Pharmacy Technicians will also be a key part of the Care Home Team.

Physician Associates

Physician Associates support the doctors in the diagnosis and management of patients. To achieve this, they will perform medical examinations, order tests help patients manage long-term conditions using management plans, provide help and advice on achieving a healthy lifestyle and diagnose under the guidance of a GP.

Social Prescribers

Social Prescribers are able to assist with non-medical problems by identifying needs and finding solutions by putting the patient in touch with the most appropriate organisation to help. Social Prescribers have a firm understanding of the range of options and local services available to patients. This may include signposting to community groups or voluntary workers.

Care Coordinators

Care Coordinators will build and sustain the smooth running of the Additional Roles Team– coordinating calendars and securing access for patients across our 6 practices. Care Coordinators will also have an important role in the introduction of The Care Home Team - coordinating Multidisciplinary Team meetings (MDT's) for Kingfisher Care Homes.

New Starter



Welcoming Rachel Durman to our team as our new Clinical Pharmacist!

“Hi, I’m Rachel, a Pharmacist that joined the kingfisher PCN Pharmacy team on 1st September 2021. I have many years of experience working in a hospital providing clinical support to a wide range of specialities and have recently been providing clinical support to Care Home residents and an Intermediate Care Unit. I am looking forward to contributing my specialist knowledge of medicines to the Additional Roles Team and wider GP practice staff in order to improve the care the PCN provides to our patients. I will be involved with carrying out structured medication reviews in collaboration with patients or their carers to improve their use of medicines, starting with the residents in the Residential and Nursing Homes that are part of the Kingfisher PCN.”



Frailty Team

Helen Abdullah ACP



“Hello, my name is Helen and I am an Advanced Nurse Practitioner. I have many years of community nursing experience working as a Specialist Respiratory Practitioner in COPD and also a Community Matron for long term conditions. In the past have been involved in setting up and developing new services including a community COPD service, case management team, falls service and an enhanced care team.

My new role in the Frailty Team will give me the opportunity to work collaboratively within the community providing comprehensive personalised care to residents of care homes and nursing homes with an aspiration that this will develop into proving this service for residents still living at home. The aim of the service is to move away from traditional reactive models of care to a service providing proactive management plans for residents with complex care needs.”



PPG

The **Patient Participation Group** consists of patients who wish to be involved in the local practice whilst taking an active role in the development of local health services.

The purpose of the group is to facilitate patients and the practice staff working together to share ideas to help improve the services offered at the practice in addition to sourcing out any local community services that would help enhance aspects of the patients lives.

Our next PPG meeting is on the 2nd September

**Have your say in new developments
of your local health services.**



Clinical Leadership

Kingfisher PCN has a strong clinical representation with an elected lead GP from each member practice representing their practice their practice and forming the core membership of the Kingfisher PCN Board is the key decision maker in terms of driving meaningful change. Kingfisher PCN has wealth of overreaching clinical leadership; provided by 2 Clinical Directors– Dr Rich Burling and Dr Jonathan Wells.



Dr Rich Burling
Clinical Director



Dr Jonathan Wells
Clinical Director

“Mamma mia, here I go again!

So, alas, the summer is nearing a close but despair not, Abba mania is soon to be with us as, for the first time in 40 years the Swedish Popsters are performing again. This prompted me to google their ages and three are over 75. As we assemble our Frailty Team it's important we focus on supporting our patients to 'age well' by creating a shift to prevention and proactive care. We should as a system be tackling social isolation and promoting age friendly communities. Ageing well means staying well and although Redditch may not produce a septuagenarian pop quartet, it would be nice to think we are doing our best to ensure we optimise the quality of life for our older population

The measure of course will be how many can still get on the dance floor to Dancing Queen

Rich”



Management Team

Andrea Guest
Kingfisher PCN Director

Linda Pratt
Hillview Practice Manager

Judy Langford
Kingfisher PCN Manager

Jonathan Wells
Clinical Director

Rich Burling
Clinical Director

GP Board Leads

Dr Meeraj Shah
Elgar House

Dr Tessa Franklin
The Bridge

Dr Rich Burling
Maple View

Dr Kerry Walsh
St Stephen's

Dr Jonathan Wells
Hillview

Dr Amy Howell
The Dow



Glossary

- PCN– Primary Care Network
- FCP– First Contact Physiotherapist
- MSK– Musculoskeletal
- COPD– Chronic Obstructive Pulmonary Disease
- CPPE– Centre for Pharmacy Postgraduate Education
- GP– General Practitioner



Awareness

Black History Month– October 1st-31st

After visiting America in the 1970's, Ghanaian born Akyaba Addai Sebo, a special projects officer at the Greater London Council, founded the UK's version of Black History Month in 1987. Traditionally, October is when African chiefs and leaders gather to settle their differences, so Akyaba chose this month to reconnect with African roots. Additionally, many thought that since it was the beginning of the new academic year, October would give black children a sense of pride and identity.



Breast Cancer Awareness Month– October 1st-31st

Every October, people all over the world show their support for people affected by breast cancer. It is an annual International health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. The campaign also offers information and support to those affected by breast cancer.



Check out our website!
www.kingfisherpnc.nhs.uk



Covid update

More than 92 million vaccines have now been administered in England by the NHS

Third vaccine dose for immunosuppressed people– England and Wales

Adults and children aged 12 and over with a severely weakened immune system will now be offered a third COVID-19 vaccine dose. The NHS will contact you directly to arrange an appointment.

Changes to green and red travel lists– UK wide

Montenegro and Thailand moved to the red list on 30 August. The Azores, Canada, Denmark, Finland, Liechtenstein, Lithuania and Switzerland are now on the green list.

Coronavirus remains a serious health risk. Find out how to manage the risks and protect yourself and other by visiting www.gov.uk/coronavirus

If you're fully vaccinated or under 18, you will not need to self-isolate following close contact with someone who has COVID-19. You'll still need to take a PCR test and self-isolate if it's positive.

