

## **Support services available after a cancer diagnosis.**

A cancer diagnosis can affect people in many different ways, both physically and mentally. Here are some resources that may be helpful for you.

Patient support after a cancer diagnosis.

<https://www.macmillan.org.uk/diagnosed-with-cancer.html>

Cancer information and support

<https://www.macmillan.org.uk/cancer-information-and-support>

Macmillan cancer support and information centre in Redditch

<https://www.cancercaremap.org/care-provider/macmillan-cancer-support-information-centre-redditch/>

Social prescribing in Worcestershire

<https://www.carersworcs.org.uk/social-prescribing-services>

Worcestershire Acute Hospitals cancer services

<https://www.worcsacute.nhs.uk/cancer-services>

Health Costs and financial support – including prescription exemption.

<https://www.macmillan.org.uk/cancer-information-and-support/impacts-of-cancer/benefits-and-financial-support/help-with-health-costs>

Macmillan home page

<https://www.macmillan.org.uk/>

Worry, Fear or Anxiety

[https://www.macmillan.org.uk/images/worry-fear-or-anxiety\\_tcm9-317031.pdf](https://www.macmillan.org.uk/images/worry-fear-or-anxiety_tcm9-317031.pdf)

Tiredness, exhaustion and fatigue.

[https://www.macmillan.org.uk/images/tired-exhausted-fatigued\\_tcm9-317030.pdf](https://www.macmillan.org.uk/images/tired-exhausted-fatigued_tcm9-317030.pdf)

Sleep problems

[https://www.macmillan.org.uk/images/sleep-problems\\_tcm9-317029.PDF](https://www.macmillan.org.uk/images/sleep-problems_tcm9-317029.PDF)

Support for Teenagers

<https://www.teenagecancertrust.org/>